Reading Health & Wellbeing Board 19 March 2021

Impact of Covid-19 in Reading













Covid-19 Update Health and Wellbeing Board

March 2021



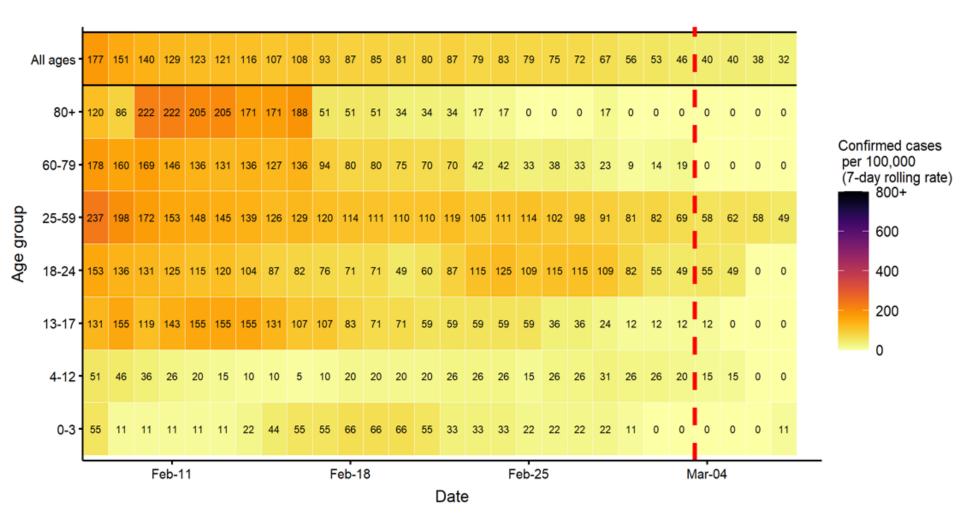
Latest Data

Situational awareness indicators from the 25/02/2021 to 03/03/2021

- in comparison to previous 7-day period https://www.berkshirepublichealth.co.uk/covid-19-dashboard is updated daily. "Information Centre" weekly report

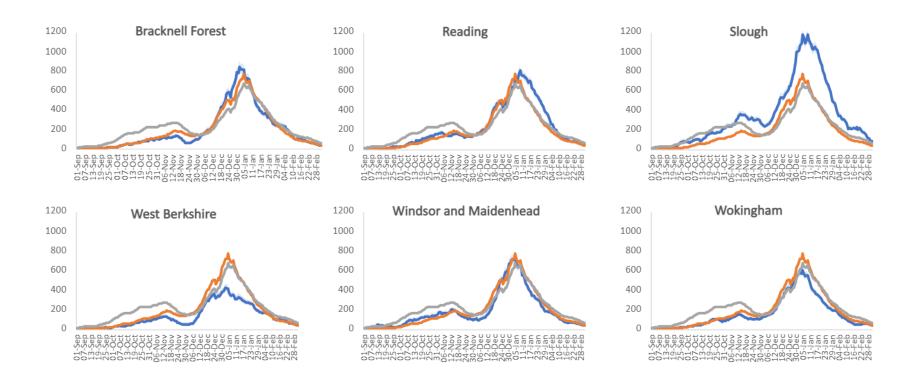
Area	Individuals tested per 100.000 population (7-day moving average)		Percentage individuals test positive (weekly)		Cases per 100.000 population - all ages (weekly)		Cases per 100.000 population - 60+ (weekly)	
Bracknell Forest	306.9	+	2.1	+	35.9	+	28.5	•
Reading	439.7	+	1.7	+	46.4	+	18.4	
Slough	369.2	+	4.5	+	88.9	+	55.9	+
West Berkshire	309.3	+	2.1	+	39.8	+	37.3	+
Windsor and Maidenhead	334.4	•	2	+	40.9	+	30.2	•
Wokingham	286.2	+	2.5	+	43.8	+	15.2	+
South East	352.5	+	1.9	+	41	+	28.5	+
England	362.4	+	3	+	66	+	42.0	+





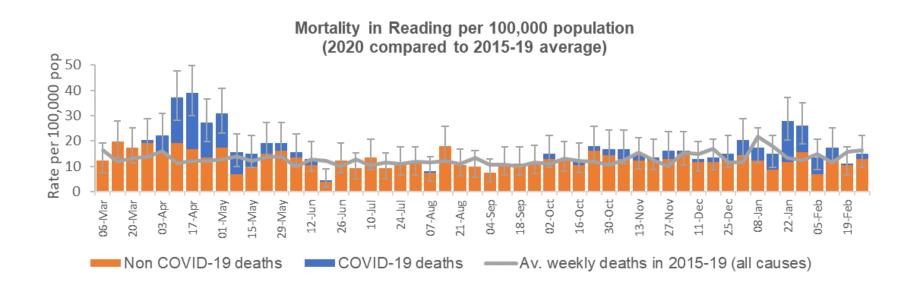
Case rate per 100,000 by age group - PHE LA Report - 08.03.2021 (The red dashed line denotes the 4 most recent days that are subject to reporting delays.)

Comparative Data





Mortality Rate in Reading







29 March

STEP 2

No earlier than 12 April

At least 5 weeks after Step 1



EDUCATION

8 MARCH

- · Schools and colleges open for all students
- · Practical Higher Education courses



EDUCATION

· As previous step



SOCIAL CONTACT

8 MARCH

- Exercise and recreation outdoors with household or one other person
- · Household only indoors

29 MARCH

- Rule of 6 or two households outdoors
- · Household only indoors



SOCIAL CONTACT

- · Rule of 6 or two households outdoors
- Household only indoors



BUSINESS & ACTIVITIES

8 MARCH

 Wraparound care, including sport, for all children

29 MARCH

- Organised outdoor sport (children and adults)
- Outdoor sport and leisure facilities
- All outdoor children's activities
- Outdoor parent & child group (max 15 people, excluding under 5s)

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BUSINESS & ACTIVITIES

- All retail
- · Personal care
- · Libraries & community centres
- · Most outdoor attractions
- · Indoor leisure inc. gyms (individual use only)
- · Self-contained accommodation
- · All children's activities
- · Outdoor hospitality
- Indoor parent & child groups (max 15 people, excluding under 5s)



TRAVEL

8 MARCH

- · Stay at home
- · No holidays

29 MARCH

- Minimise travel
- No holidays

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TRAVEL

- · Domestic overnight stays (household only)
- No international holidays



EVENTS

- Funerals (30)
- · Weddings and wakes (6)



EVENTS

- Funerals (30)
- · Weddings, wakes, receptions (15)
- · Event pilots

STEP 3

No earlier than 17 May

At least 5 weeks after Step 2

EDUCATION

· As previous step

N SOCIAL CONTACT

- · Maximum 30 people outdoors
- · Rule of 6 or two households indoors (subject to review)

BUSINESS & ACTIVITIES

- · Indoor hospitality
- · Indoor entertainment and attractions
- Organised indoor sport (adult)
- · Remaining accommodation
- · Remaining outdoor entertainment (including performances)

TRAVEL

- Domestic overnight stays
- · International travel (subject to review)

EVENTS

- Most significant life events (30)
- Indoor events: 1,000 or 50%
- Outdoor seated events: 10,000 or 25%
- Outdoor other events: 4,000 or 50%

STEP 4

No earlier than 21 June

At least 5 weeks after Step 3

All subject to review



EDUCATION

· As previous step



SOCIAL CONTACT

· No legal limit



BUSINESS & ACTIVITIES

· Remaining businesses, including nightclubs



TRAVEL

- · Domestic overnight stays
- International travel



EVENTS

- · No legal limit on life events
- Larger events

Local Roll-out

- GP offer to care home residents and staff
- Delivery via Primary care networks;
 - -Tilehurst Village Surgery Watlington House
 - -Circuit Lane Surgery Emmer Green
 - -University Health Centre
- Hospital Hubs for Health and Social care staff
 Wokingham and Royal Berks Hospital sites- to soon be stood down
- Pharmacy for all eligible group
 Triangle pharmacy live since Feb, 2 further Reading pharmacies joining by end of March
- Mass vaccination site- went live 22nd Feb 10,000 capacity per week at full roll out



Priority groups- as per JCVI

- 1. Residents in a care home for older adults and their carers
- 2. All those 80 years of age and over and frontline health and social care workers
- 3. All those 75 years of age and over
- 4. All those 70 years of age and over and clinically extremely vulnerable individuals
- 5. All those 65 years of age and over
- 6. All individuals aged 16 years to 64 years with underlying health conditions which put them at higher risk of serious disease and mortality
- 7. All those 60 years of age and over
- 8. All those 55 years of age and over
- 9. All those 50 years of age and over
- 10. Groups 10-12 will be in 10-year age bands from 49 to 18 years of age



Vaccination numbers in Reading

Up to 28th February 2021

		Vaccinations							
LTLA Code	LTLA Name	Under 65	65-69	70-74	75-79	80+	Total		
E06000036	Bracknell Forest	12,457	5,010	4,729	3,395	4,612	30,203		
E06000038	Reading	16,669	4,607	4,964	3,768	5,599	35,607		
E06000039	Slough	16,527	4,279	3,428	2,255	3,587	30,076		
E06000037	West Berkshire	16,696	6,847	8,309	6,158	7,961	45,971		
E06000040	Windsor and Maidenhead	16,620	6,505	6,905	5,325	7,999	43,354		
E06000041	Wokingham	18,826	6,721	7,814	5,971	8,416	47,748		



Lateral Flow Testing Update

Testing for the presence of the viral antigen

Works in a similar way to a pregnancy test, result within 30 mins with not lab processing

Primarily used for those without symptoms

Less accurate than the lab based PCR swab test

Has an important role in "case finding" and when other mitigations remain in place

Widely available in Reading via Community Testing sites and Community Collect;

University of Reading

Schools and Colleges- for pupils, staff and pupil's household

Nurseries

Health and social care settings

For those unable to work from home





Schools overview

February 2021





Reading Schools' Attendance Dashboard

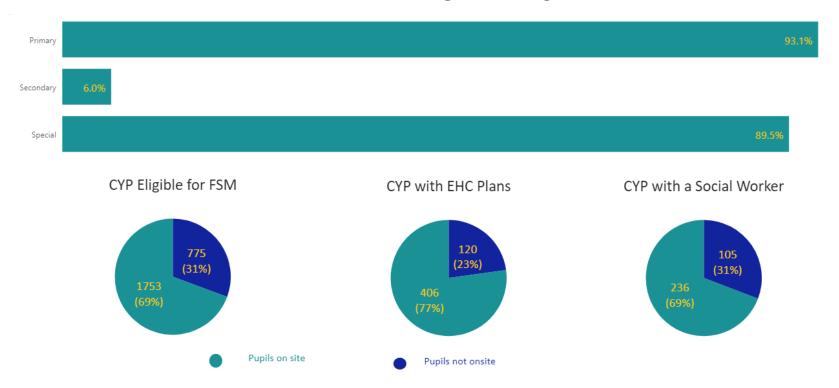
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Number of Reporting Schools

Total Percentage Attending on site

08 March 2021 **67.5**%

Total Pct Attending on Site



Reopening schools



- All primaries for everyone from 8 March
- Secondaries from 8 March, with testing conducted in schools, 3 times and then home testing (not mandatory) LFT v PCR
- Face coverings in secondary schools (not mandatory)
- Discussions about 'catch up' and holidays (HAF)



Covid 19

Impact on Primary Care and Acute Hospital Services



Covid 19

Impact on Primary Care Services

- Access routes to GP services have changed (Remote triage and remote consultation)
 - Practices now triage patients remotely in advance through telephone or online process. Remote triage determines most appropriate consultation method (telephone, video, face to face)
 - 'Hot' and 'cold' streaming arrangements established to support safe face to face consultations. 50% consultations provided face-to-face in December 2020 compared to 73% in December 2019
 - Arrangements support safe care for staff and patients and improve capacity to manage on-the-day demand. Total consultations similar to previous year
 228,999 per month on average Oct-Dec 2020 compared to 227,259 same period of previous year
 - Reading Walk-in Centre service suspended initially, then moved to bookable via NHS 111. Currently operating below capacity

COVID-19 / Respiratory Hub established

- Assessed pts. with COVID-19 symptoms unable to be managed remotely by GP Practice
- Focussed expertise to care for Covid-19 positive patients requiring face-toface assessment – flexible capacity to see up to 100 patients/day however actual activity lower
- Reduced risk of practice closure / staff exposure
- Supported continuation of other GP services
- Reduced burden to wider health system, e.g. 111, A&E

Oximetry @home introduced

- Pulse oximeters issued to COVID positive pts. within agreed cohort, i.e. aged over 65
- Allows oxygen levels to be monitored at home
- Pts. either contact Hub or GP Practice if oxygen levels drop below agreed level or receive daily checkin phone calls
- Clinical care plan changed based on result of oxygen levels

COVID vaccination programme in place

- Majority of vaccinations to date provided by primary care-led Local Vaccination Sites
- 5 sites in Reading area
- To 15th Feb focus was on vaccinating Cohorts 1-4 (Over 80s, health and social care workers, 75-79 year olds, 70-74 year olds and clinically extremely vulnerable (shielded) patients. >90% uptake achieved amongst older age groups
- Primary care now focussing on Cohort 6 (under 65s in at-risk groups).
 Working alongside mass site (Madjeski) and pharmacy site which focussing on Over 60s with 50-59 year olds to be invited in coming weeks. On track to deliver this phase of the programme by mid April
- Working group in place focussing on inequalities and addressing lower uptake amongst some population groups

Recovery and future plans established

- Step down of Respiratory Hub arrangements from end of March with all patients to be managed within practices
- Further work to embed new models of access to primary care and support patients to engage with these
- Planning for next phase of vaccination programme
- Backlog of routine appointments addressed and focus on ensuring chronic diseases are appropriately managed
- Improvements seen in routine vaccinations and immunisations / screening rates
- Focussed work to support vulnerable patients / address inequalities e.g. increase in learning disability health checks and physical health checks for patients with severe mental illness



Covid-19 update

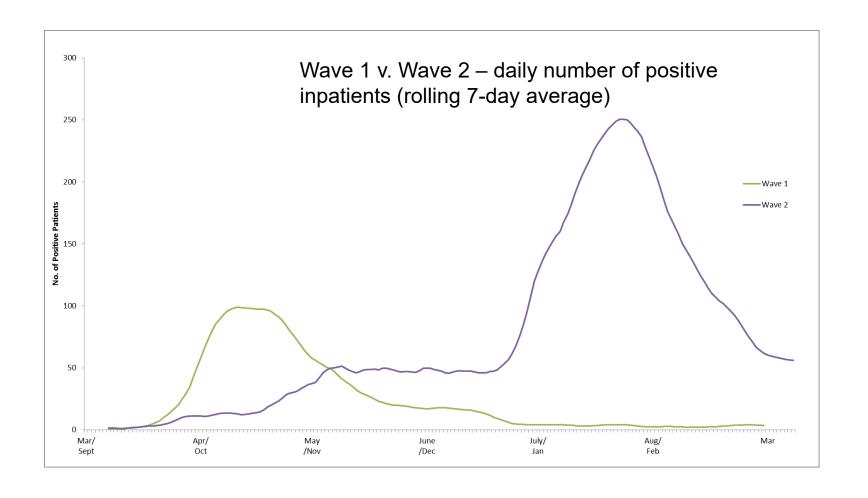
Reading BC Health and Wellbeing Board Thursday 19th March



Compassionate Aspirational Resourceful Excellent

Current trend in cases







Compassionate Aspirational Resourceful Excellent

Impact of wave 2 on RBFT



- Significantly greater escalation required compared with wave 1 – almost 3 times usual ICU capacity at peak;
- ED attendances 25-30% lower than usual seasonal level
- Sustained all emergency and urgent surgery throughout as well as diagnostic services;
- Maintained outpatient clinics by using all sites and increasing virtual and phone consultations;
- Continued to take GP referrals throughout;
- Worked effectively with local authority and BHFT partners to ensure safe and timely discharge of patients
- Continued support from community local businesses, schools, University of Reading – has also been valuable



Current position



- Seeing very few Covid positive patients each day now;
- Hospital capacity for Covid patients has largely reduced to a minimum;
- Sustained efforts on infection prevention and control;
- Continued focus on supporting staff wellbeing;
- Staff vaccination programme phase 2 starts 22/03 (almost 5,500 staff vaccinated in first phase);
- Focus on ensuring all services back up and running efficiently, and particularly on running all routine diagnostic and surgery work across all sites
- Ensuring learning is assimilated and applied

